

▼ NOVEMBER • 1994

Spare Change

Helping People Help Themselves

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PHOTO • LESTER FOSTER

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Brazil street kids: Hope amidst the squalor

BY ANNETTE FLAHERTY

It was around noon when a local street educator and I finally caught up to a gathering of street kids at a municipal park in northeast Brazil. As usual, the local police approached and "prodded" us to move along so we decided to take refuge at the beach. The kids were giddier than usual, they giggled and clowned around as we strolled along. Then a quick reality check. "Estou com fome" – "I'm hungry" was the general consensus. A large cob of corn appeared out of nowhere. "Where did you get it?" I asked naively. "We stole it". The corn was immediately divided into four and passed around – a piece for Jose, Marcelo, Cido and one for me. I thought of refusing, knowing they were hungrier than me but instead, I accepted and devoured the corn as quickly as they did. For a few minutes, I was a part of their world: a place where sharing stolen food and huddling together for warmth and protection mean survival.

Despite Brazil's glossy, official policy on the rights of children, millions of kids roam city streets in search of food and work. Cutbacks to social services, falling family incomes and unemployment have a negative impact on the quality of care that can be offered to children in extreme poverty – a fact that many Albertans have also been forced to realize lately.

The forces pushing kids to live day to day selling fruit and chewing gum or shining shoes on street corners are endless... family violence, runaway inflation, lack of access to land, and the brutal requirements of financial institutions like the World Bank. But Brazil's economic model, the same model that for decades has benefitted the rich minority and condemned millions of others to pitifully low wages or unemployment, must take a large share of the blame.

During one rainy night visit to the streets I silently thought that the whole scene – soaked kids searching for a place to lay their heads, others inhaling glue from paper bags to mask their hunger for a few glorious moments – made a great case for hopelessness. My despair, however, quickly vanished. The presence of the street educators seemed to somehow lighten the weight of the street kids' misery. The kids took comfort in knowing that someone was concerned about their whereabouts, health, daily struggles or achievements.

I built up a great reserve of hope by meeting Brazilians committed to the street kid struggle and visiting street kid projects supported by the Alberta-based organization Change for Children. Educational efforts include literacy and providing information on hygiene, health, pregnancy and AIDS. The severe violence on the streets and the kids' constant fear of bloody assassins means that citizenship education – making children aware of their own human rights – is crucial. Workers also attempt to correct public misconceptions about street children and they encourage the community to take responsibility for its children.

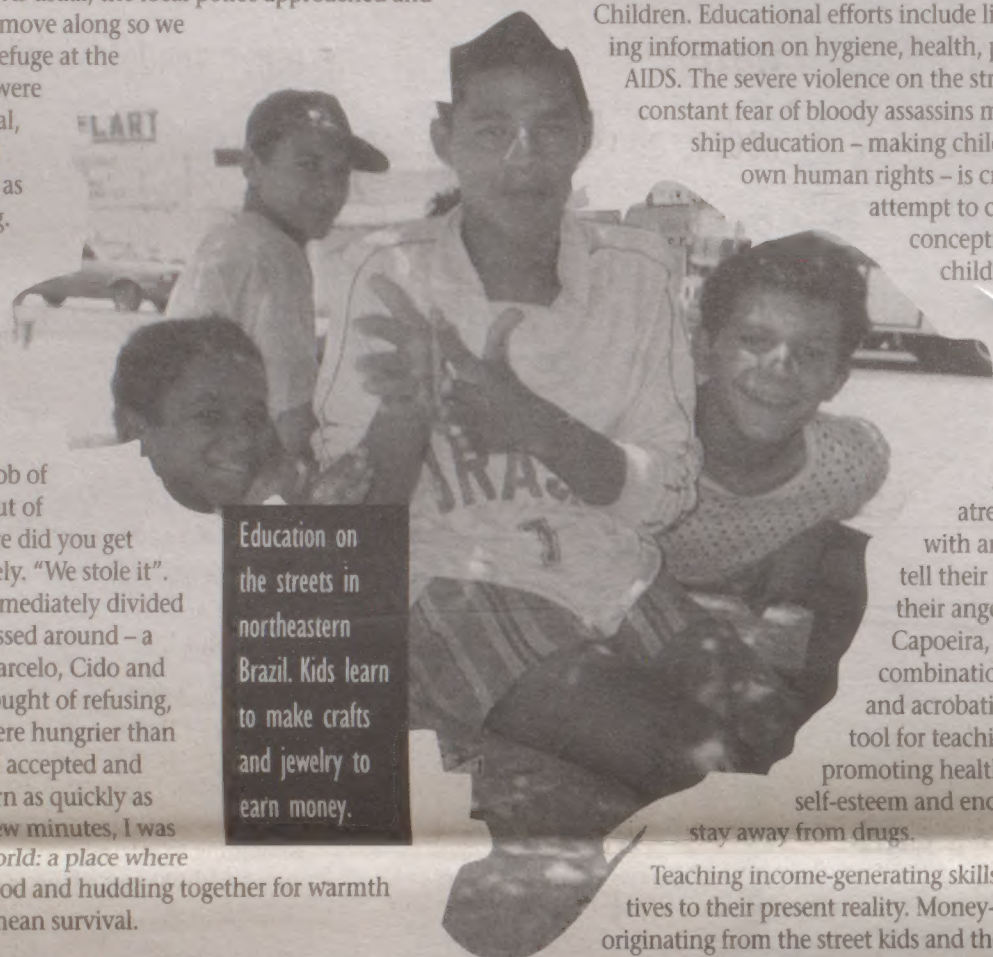
Art, dance and theatre provide children with an opportunity to tell their stories and express their anger and frustration. Capoeira, for example, a combination of dance, music and acrobatics, is an amazing tool for teaching about racism, promoting healthy lifestyles and self-esteem and encouraging kids to stay away from drugs.

Teaching income-generating skills offers kids alternatives to their present reality. Money-making ventures, originating from the street kids and their educators, include street vendor cooperatives, beauty salons, community luncheonettes, artisan workshops and pig farms. In one city, 6 - 12 year old children from a nearby slum area are making leather and bead jewellery to sell, along with receiving literacy training. Shoppers at Edmonton's Just Christmas Sale on November 18-19 will be able to check out beautiful necklaces made by these kids.

It is the dedication and sheer guts of both street kids and their educators, together with the support received from the

international community, that allow their struggle to continue – the struggle of transforming the glossy piece of paper offering all children the right to food, health and education into reality. ♦

Annette Flaherty is the Education Coordinator at Change for Children Association (CFA), an Alberta based, non-profit group which supports community development initiatives in Latin America and the Philippines and a local education program increasing Albertans' awareness and commitment to social justice. For more information about street kids please call CFA in Edmonton, 448-1505.



Education on the streets in northeastern Brazil. Kids learn to make crafts and jewelry to earn money.

Two Brazilian street kids in the shanty towns of Sao Paulo.



What are these clowns doing in Bosnia?

The Serious Road Trip from Britain uses unorthodox methods and an emphasis on fun to get food and material aid to isolated villages in Bosnia.

Young, unpaid and completely unqualified, the Serious Road Trip delivers supplies at low cost without following the official line. The UN High Commission for Refugees advises all drivers to wear \$1,000 flak jackets and all trucks are a sensible white. The SRT trucks are canary yellow with huge cartoons of Daffy Duck and others painted on them. Permanently skint, dressed in shorts, vests and baseball caps, all the SRT volunteers have is a double-decker bus, a fleet of trucks and a permanent fridge full of beer.

In early 1993 gaps in the aid system meant that aid was getting to the Croatian coast, then piling up in warehouses, since there were too few people willing to take it further. Setting up in the seaside Croatian town of Split, the SRT became a formidable force for delivering other people's aid at minimal cost.

Last July found the Trip on the second day of a week-long convoy to deliver 24 tonnes of food to Celic, a remote, besieged town in northern Bosnia. The food was supplied by a German charity, one of about 20 aid groups that uses SRT to transport their goods in return for gas and expenses.

The people in Celic have been unable to reach their fields and finish their harvest. By winter they would be starving. SRT is heading there because few other aid groups would. It's too small, far away from a main road and looped by the front line of the fighting.

A Muslim town surrounded by Serb troops, Celic is nothing like many of the towns the convoy passed. It feels like time has stopped. Streets are silent, every building is empty, windows shattered and walls perforated with bullet holes. It's a town still under attack, the shooting resumes every night. A local man who speaks English leads the Road Trippers to the local warehouse, empty. Within minutes, men, women and children have emerged from nowhere to join the Trippers' chain, off-loading packages of pasta, coffee, rice, raisins, oil, sugar, tinned meat and fruit.

"Other aid groups want to be more like us," claims Tony. "We can spend time with the people we're helping. We don't deposit X amount of tonnage in some central depot, fill in a form and drive away. We can watch the results." The Road Trippers play soccer with the kids of Celic. They drink a toast of local home brew with the men and then they're back in the vehicles, heading to the safety of the coast. ♦

From an article by Anna Moore in The Big Issue, London's street publication.

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VENDOR • Profile

Andie Andria Wolf Leg

BY C. WATSON

Her gentle, attractive voice has sold more copies of **Spare Change** in Calgary than any other vendor's and she started six weeks after it first came out! Andria (Andie) Wolf Leg is modest about being Calgary's top seller. She says, "I'd like to thank all my customers for helping me sell **Spare Change** and especially the businesses in Kensington (for their support). The Plaza always welcomes me with a cup of coffee. The Peacock Boutique, The Roasterie, and the Kensington C.O.P.S. Station (and others) let me stand in front to sell papers. I find it easy to talk to people. I give them personal attention and give every customer time."

Daily classes at Mount Royal College will keep Andie busy until April 1995. She works hard at English, Math, computer literacy and a college preparation program. Next fall she hopes to start the Social Work Diploma program. Her courses are under the Aboriginal Education Project. Everything else is up to her through commitment, determination and effort.

Andie spent four months last summer selling **Spare Change** on the street for long hours. Even today, when she has much less time to sell, she says, "I buy big quantities, not just 10 or 15 papers." She was moving 20 papers an hour one Saturday recently. She says selling **Spare Change** "has put a drive in me to work. In order to have things and make money I have to work."

Andie didn't always think that way. At the age of two she was taken from the Blackfoot Reserve in Gleichen to be raised in a poor, single-parent, non-Indian foster home in Calgary. She says, "I grew up looking at second best all the time. My emotional and spiritual needs were never met and my Indian way of life was wiped out being raised this way." Poverty meant that only basic needs were covered for her foster mother and the foster children. It was the cheapest or second-hand to get by.

At age 19 Andie moved out, confused about life and about where to go. She spent seven months homeless. She panhandled, hung around east end streets and hotels, and drank. She was thankful that Emergency Social Services would provide one night's stay at the Colonial Hotel. It felt good to get her clothes

washed and take a shower. She also hung out at Inner City, an agency drop-in place near the Colonial Hotel.

She says, "I dreamed of meeting some compassionate person on the street who would help me out with an honest gesture to give me what I needed. (I wanted) someone to give me unconditional help and love, like something to eat and to buy some personal needs without me having to worry about my self-worth the next day."

"I hit bottom for support in 1989. I couldn't suffer (physically) any more. Emotionally I knew the time was coming when I had to deal with my life." That year, through Native Alcohol Services, Andie found her roots. She spent two months at the Jimmy Wolf Tail Residence on the Peigan Indian Reserve, Brocket, Alberta. She then came back to Calgary to continue therapy and volunteer at the Plains Indian Cultural Survival School. Andie became a student and finished Grade 12 at this school, graduating in 1993.

Andie says, "I have experienced all the negative aspects of street life. I would now be a good role model for others as I have recovered and I'm going into the straight world." She's been told she can be a "real commodity" in her native community and she hopes to work with the 24-hour Street Teams helping children to leave the street. ♦

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The people who bring you **Spare Change**

This newspaper exists because of the efforts of the people who sell it to you on the street, the vendors. For our vendors **Spare Change** is a job that helps them to be independent and self-employed. Each issue we highlight one of our vendors in Vendor Profile to let you know a little bit about the people who bring you **Spare Change**. ♦



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Change
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Vendor**

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Authorized by _____

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- I will be sober at all times while working
- I will be polite to all members of the public
- I will vend only in areas that are authorized

All **Spare Change** vendors are required to wear an ID badge (contents above) and abide by a code of conduct. If you have any comments about our vendors, phone our distribution manager in your city (see page 5).

First patient gets help at new free Calgary dental clinic

BY STEPHEN DICKINSON

Brian Nurse has been dealing with a painful gum infection for over a year, but he was the first one through the new accessible dental clinic in Calgary run by the Calgary Urban Project Society. For Brian, it was a dream come true. "I've been looking forward to this day, since I made the appointment," he said. Unlike many people when they visit the dentist, Brian was eager.

The clinic was opened for people in financial need and expects to see over 3,000 patients a year. Besides dental hygiene and toothbrushes and toothpaste, the clinic will be filling cavities and doing simple surgery and extractions. "A first aid station," is what dentist Dr. Ian Miller calls it, because of the clinic's limited capacity. "Helping people get over pain."

Miller anticipates 25 to 30 dentists will be participating in the clinic once it is up and running. "It's all been a joint project," he says. \$30,000 worth of equipment was donated. Among the contributors were the Rotary Club, the City of Calgary, Calgary Health Services and the Calgary and District Dental Society.

The clinic won't be able to handle all the demand. People in need may be eligible for special dental rates through Calgary Health Services. But at this clinic treatment won't be refused for families unable to afford the service.

Brian Nurse is losing one tooth now, maybe one or two more in the future. But he's glad. "I couldn't chew properly. It rattled around like a wind chime. It's like having a shoe without a sole." ♦



CUPS has moved

CALGARY URBAN PROJECT SOCIETY has moved its offices. The new location is at 128 - 7th Avenue SE, Calgary, Alberta T2G 0H5. The phone number has remained the same: 221-8781. ♦

PRISON IS TOO ROUGH

People under 18 don't get to see the real-life truth about jail if they do time in the Edmonton Young Offenders Centre. A friend of mine has begun a three year sentence in Drumheller Penitentiary. He has been beaten, robbed and raped since he began his sentence in July. When he was a teen he did time in the Young Offenders Centre, but it didn't prepare him for being beaten "on the inside". He is always scared.

We need programs to show young offenders the truth about jail. Paul swears that he would not have done it if he knew what jail is like. Don't change the criminal code, just scare kids straight and change their attitudes.

After my visit to Drumheller I will not be involved in any more crime-related activities. That's the proof of the hell in Drumheller. The inmates are huge and I'm glad I got to leave.

BRIAN

Prohibition must stop!

The debate over legalizing pot heated up again over the last year with numerous smoke-ins at the Gazebo Park. Cannabis clothes are super hot. Cypress Hill, a pro-pot band, is selling millions of records and stores can't keep up with T-shirts with pro-pot slogans.

In Amsterdam you can buy pot in a coffee shop. The crime rate is lower and court time is not wasted with possession charges. Normally in Canada possession of marijuana gets about a \$50 fine and the cost of the judges, lawyers and police.

Pot is the '90s version of the prohibition of alcohol. Governments could tax it like cigarettes and sell it to people over 21. Drugs like coke should not be legalized. ♦

BRIAN

19 year old Brian is a regular Spare Change contributor, still recovering from cocaine addiction.

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Spare Change

Helping People Help Themselves

Ooops & Thank-you

Spare Change Saskatoon would like to thank Deloitte & Touche for their support. Companies that work to give back to the community they live in are an asset and truly deserve to be recognized. Their donation will help to pay for the new fax machine, and a plaque recognizing the contributor will be affixed to it.

Spare Change would like to apologize to our proofreader, Megan Collins, for the unfortunate typo, referring to her as a Proodreader, in the October issue. Also, photos on pages 6 and 7 were taken by Lester Foster, who was not credited. We apologize for the error. ♦



Fear on the Streets?

What is it about standing out on a street corner that strikes fear into the hearts of so many? I went out to sell **Spare Change** on the street and it was an instructive experience in being Canadian, and in facing coldness on the corner. It really seemed that I was frightening to people.

Canadians are, of course, used to wide-open spaces and don't like to be crowded. I was very careful not to block anyone's path or be obstructive in any way. It wasn't really too hard, many people walked wide around me as I stood there holding up our paper.

Perhaps, a friend pointed out to me, people are most keenly aware of the injustice between my poverty, selling the paper on a corner, and their wealth. I scared them because I reminded them of how much more they have than so many other people. They don't like to think about that.

My paper sales didn't break any records even though I tried to strike a balance: obviously selling the paper, but not being pushy. Maybe I just didn't look poor enough. One toothless old salt of the streets limped past me on the corner. His arm was wrapped in a dirty

old sling and he looked real tough, poor for sure. But not dumb. He passed me on the corner, walked up the sidewalk 15 feet, stopped and set out his cap. The contrast between himself and me was not lost on him, he saw an opportunity. What could I do? I gave up selling,

which wasn't going anywhere anyway, and put one of the loonies I'd just been handed into his cap.

One young man, a journalism student looking for an experience for a story (not that different from myself, although I'd considered I'd be making some extra money, too), got the experience, but absolutely no money, after trying for eight hours to sell a paper. Did he look even better off than I had? I hope he was at least inspired by the experience.

Another casual seller, a woman, had much better luck. Her sales soared ahead in only a couple of hours. One buyer even thrust a \$20 bill on her and wouldn't take any change.

Some people! No, I didn't ask if she was even poorer than I am. I didn't ask if she'd worn her most ragged jeans. I didn't ask about her sales secrets at all.

I wanted to see what it was like selling **Spare Change**. And I sure could have used the money from my sales, but that I didn't get. Selling a paper on the corner was tougher work than I'd figured. ♦

KEITH WILEY

Pain-killers: Looking closely at DRUG use

It's a chicken and egg sort of question... what came first the pain or the pain-killers? For people who depend on mood-altering drugs to make life bearable, the beginning of drug use is quite blurry now. For many drug users it began with pain, pain that made them desire the anaesthetic effect of the "buzz", of being high.

Drugs can make people feel better, feel alright, happy, having fun – despite the pain they feel inside.

Prostitution and drug-addiction very often go hand-in-hand, for example. There are good reasons for this. Drugs can be an attempt to blot out the pain and degradation of giving up your body to strangers. To forget about the violation of your self. Often the drugs come first because usually the first violation for a prostitute was sexual abuse as a child. That abuse started a cycle of pain, destroyed the woman's self-esteem and self-respect, her integrity as a person. Drugs help to cope with the pain, and prostitution helps pay for the drugs. Prostitution is not a long fall when your body was already taken away by others for their use.

Other people have their own private pain to cover with mind-numbing highs.

The stereotype of an illicit drug user is the joy lark, a pleasure-seeking person who is just out for fun. Self-centred and concerned only with their own pleasure, the drug user is a burden and a wasteful member of society.

The vast majority of us use some drugs to feel good sometime. We drink, smoke cigarettes or marijuana, use pain killers. The men or women who become addicts and whose lives revolve around mind-altering drugs are desperate to blot out pain. This month we look at illicit drug use in several stories that illustrate clearly users are in fact victims, not only of the drugs and the drug life, but earlier too, victims of some serious personal injury. Blaming them for their problems is no way to help them solve them. ♦

KEITH WILEY

NOVEMBER 1994 • VOLUME 1 • NUMBER 8

Spare Change

Helping People Help Themselves

Publisher: Martin Garber-Conrad
General Manager: Gord Poschwatta
Editor: Keith Wiley
Proofreader: Megan Collins
Design & Layout: Jang & Willson

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10527-96 Street • Edmonton • AB • T5H 2H6
Phone: 423-2285 • Ext. 47 • Fax: 429-7908

Spare Change is published to provide a voice and employment for people who have no spare change. **Spare Change** gratefully acknowledges the inspiration and support of Michael McCarthy and Vancouver **Spare Change**. However this publication is not officially associated with any other publication. Opinions

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Calgary Urban Project Society (CUPS)
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Coconuts & Pillnics

BY LEONARD SHULTZ

morphine, demerol and many more. Some of them aren't common or easy to get.

A lot of the pill trade originates with poor people on prescription drugs for various ailments. They run short of cash, so they sell their medications. Some of the trade is sponsored by scam artists who practise double-triple-quadruple doctoring. Double doctoring, however, is getting more difficult to do.

There is also, of course, pot and hashish, \$15 a gram if it's run of the mill, \$20 a gram for skunk weed or gold-seal hash.

The real movers behind the large pot and hashish trade hide behind front men in their condos. This variety of dealer is apt to use sophisticated code-identification schemes and buyer information codes. The codes and information are passed on cell-phone or pager

Coconuts and pillnics roam the dark streets of the strip, in search of their highs, looking for convenient "shooting galleries" to concoct and ingest, cook, snort or shoot up their witches' brews. If the cash is available there is a supply. You get the cash by hook or by crook, literally. If you've got the cash, there's no shortage with the powder and pill men.

Come and get your favourite killer. Pill'er up, swill'er up! Coke your nut! We have what you need, the stuff that'll make you retch and bleed . . . and die a little bit more. We have neuron poppers and blood-to-the-brain stoppers. You wanna rush? We wanna your cash.

But remember, caveat emptor, buyer beware. Beware not only the price, beware the product.

The drug of choice right

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now is cocaine. It sells on the drag for \$80 to \$120 a gram, depending on the quality of the blow and on who you know. The more it's been "stepped on" the cheaper it is. For 50 per cent purity you'll pay top dollar. T's and R's, poor man's heroin, goes for \$25 to \$40 a set, though availability of this combination has lessened because of a crackdown on pharmaceutical supply. The diazepam family (Valium), to swallow with suds, are readily available. Five milligram pills sell for 50 cents each, Tens for a dollar.

For those who have been on a long or heavy cocaine run and want to come down gently, Electropan 3s at 50 cents each, and 6s at \$1, are the favourite. Codeine users go for Tylenol 3s at 50 cents, or 4s at \$1 each. The pills are eaten as is, or boiled down and strained to drink the liquid. Batches of 30 to 60 pills at a time, swallowing the liquid once the

answering service connections. For example, I might call a pager number, enter my code, push the asterisk on my phone and then add two or three numbers which specify the amount of product I want. Without saying a word I will have identified myself to the dealer and told him/her I

wanted 20 ounces of hashish. By my not leaving a return number, the dealer would see that I want delivery made to me and they'd dispatch a courier with my drugs.

There are a lot of cute tricks in the drug trade. But with the harsher drugs and the badly misused drugs a lot of sick coconuts and pillnics suffer. They spew toilets-full of their habit abuse down city sewers as they waste themselves in the search for oblivion in the dark night of their despair. Many coconuts and pillnics pay for their pokes with vomit chokes and doing the spastic chicken-on-the-floor. Until they are no more. ♦

sediment has settled. A heavy user does it every day!

For those who like to get wasted on combinations, seconals (\$2), or sodium nembutals are downed with quantities of booze.

Rigs - hypodermics - are bought across the counter in ten lots for \$5 and sold after-hours for \$3 apiece, or two for \$5.

There are other drugs out there: heroin is still common and increasingly pure; there's opium and

Bob gets

Bob doesn't drink to feel good; he drinks to feel bad. Every day begins with the se, drink, any kind of alcohol. He's afraid of the withdrawal. He's got a point.

A year ago Bob quit cold. He spent four days the shakes, cold sweats and dry heaves. On the fifth day, his world changed, reality shifted, just elated. He had travelled to the future and m



name is Artino," Bob said, shakily nursing a cup. "I invented a machine in the future that will change the world. You must buy it." Bob had a gleam of fear in his eyes.

Later that day Bob was

nent. He saw an orange traffic barricade across the street. "They're coming," he warned. The aliens were giant orange lobsters floating through the air. "We need weapons to defend ourselves." But Bob could only find a small pen knife.

Bob had really lost it and we called an ambulance. He dutifully climbed in and meekly surrendered his small

weapon. But suddenly he glanced around wildly,

WARNI

They spew toilets-full of their habit abuse as they waste themselves in the search for oblivion in

Parts of these stories about drugs are true. But these stories from the street ring with a

...s the SHAKES

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ifted. Bob woke up
and met God. "His

bolted out of the ambulance and down the street. The aliens had taken over the paramedics. Bob zigzagged up the street, warning everyone of the impending invasion.

Finally, a relative took Bob home with him. The next day Bob was no longer seeing aliens, but he was holding up a jar to catch the sunshine coming in the window. He still had his wonderful machine. He was still disoriented and very convincing. He checked into AADAC (the Alberta Alcohol and Drug Abuse Council).

The nurse on duty was very understanding. Bob was having the DTs. Delirium Tremens is considered a medical emergency. The confusion and delirium can come on any time after a day or two of not drinking. The hallucinations are extremely vivid, so real that the person suffering from them runs a risk of cardiac arrest from fright. Someone with DTs should be taken to hospital immediately. There, they are put on an intravenous with heavy sedation.



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Bob survived the
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If it is not
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give them a

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I asked.
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Tylenol Threes, or
T-3s, are com-
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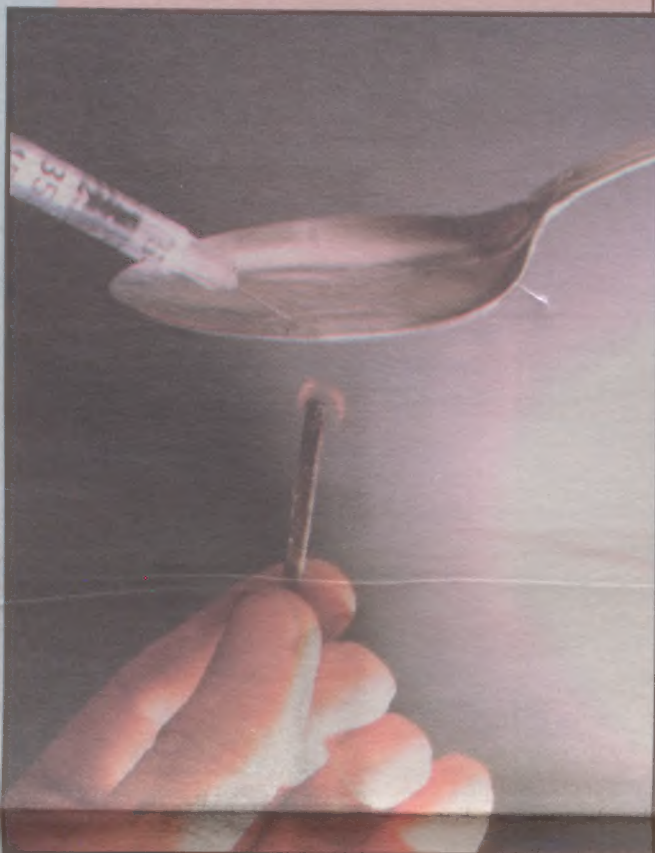
bought and sold on the
drag. I have been
stopped several times
myself by a thin young
man. "Wanna buy some
threes?" The T-3s sell for
50 cents each, or some-
times as much as a dollar.
The codeine in the pills is in
demand for the "buzz". Tylenol

The legal HIGH

Prescription drugs
can hook
and kill too.

I was visiting my sister and brother-in-law. "Do you have any Tylenol?" I asked. "I've got a headache."

"In the basket, on top of the fridge," answered my sister. "Help yourself."



There must have been five vials of Tylenol Three in that basket, some not even opened.

Fours, with even more codeine, go for at least a dollar apiece.

Many prescription drugs are also commonly sold on the street. Barbiturates, seconal Demerol, sleeps like halcyon, valium, electropan, anything to get high. And the street pharmacists know what does the trick. Even gravol, taken in huge doses, is sometimes used. T's and R's, Toluin and Ritalin, were common on the street until they were nearly removed from the market.

Frequent consumption of heavy drugs can be very hard on the body and overdoses of prescription drugs can be deadly.

"It's John," a young woman was on the phone. "He's been sleeping all day, and I can't wake him up." "Call an ambulance, I'll be right over." I got there just after the paramedics. They were trying to get a response from John who was sprawled on the living room floor. His sister and her children were anxiously fluttering around.

"He drove here this morning and left the car in the middle of the street," she was saying. "He looked sort of drunk or something."

"Does anyone know what he's taken?" the paramedic asked.

"How about his room-mate," I offered. John's sister nodded. "He doesn't have a phone, I'll be right back." She returned with four empty pill vials. "He took these."

"Electropan, Valium Three, Tylenol Three, and Halcyon," the paramedic read the labels. "All downers. He's going to have a good sleep."

John awoke the next day in hospital. He was one of the lucky ones. It was not his first brush with death. He is a habitual user of prescription drugs for their narcotic effects.

Laura's case was similar. Depressed, a new mother, alone with a week-old baby, Laura overdosed on prescription pills. She was nearly gone by the time she was discovered and rushed to hospital. I saw her a few days later. "I've seen cases like this before," said the nurse. "She was out too long, it's irreversible."

I thought her coma state would be a peaceful sleep, but Laura looked decidedly uncomfortable. She kept turning her head from side to side, thrusting with her tongue and opening and closing her eyes. Those eyes were blank and unfocused. Both her hands were strapped to the rails of the bed, and her wrists were splinted to prevent her hands from curling up tight. Tubes ran from her body.

Fortunately for Laura, she began to recover. After three months she began to speak and to recognize people. She had to relearn how to walk, and how to care for herself. After a year, she is still in rehabilitation and she has been transferred to a long-term treatment centre. If she progresses well, she will be out in another two years. She will likely never be able to mother her child.

Alice's funeral was last April. "She was depressed, I should have taken away her medication," her boyfriend was distraught. Alice was found dead after taking a lethal combination of alcohol and prescription drugs. It looked as though she'd simply lost track of how many pills she'd taken. Alice left behind two sons, one twelve and one nineteen. ❖

7

SPARE

CHANGE

NOVEMBER

1994

The New Poor

BY MARJORIE BENCZ

Your friend Rob has lost his job. With his job loss, he also lost financial stability and his self-esteem. Although Rob has been actively looking for work for over a year, he has not been able to secure employment. His UIC has been exhausted. His wife, Tami, works part-time. Tami's employment does not maintain their previous lifestyle.

Rob and Tami sold their house because they could no longer afford the mortgage. They sold their car to eliminate the monthly payments of a newer vehicle. They now rent a place in a different community and drive an old beat-up car. Their family has been emotionally strained by the whole experience. They spend much of their time fending off phone calls from creditors and scouring second-hand shops for suitable clothing for their two children.

Rob and Tami are part of the "new poor." People who have always had work and who have always paid taxes. They have never needed the social safety net because they had the best social safety net available... an adequate paying job with benefits. They are new to poverty and are the latest casualties in our competitive society.

Mary Burle knows the many faces of poverty. She has spent the last twenty-three years working at Edmonton's Boyle Street Co-op. Staff at the Co-op use community resources to empower people living in poverty. Mary assists clients living in poverty on a one-to-one basis.

Mary is a warm, compassionate, non judgmental woman who provides support and friendship to whomever comes into contact with her. She is often referred to affectionately as "mom." With her embrace

ing hugs and warm smile, she removes the cares of the world for many, if only for a short time.

Twenty years ago there was more support for families in crisis, Mary says. The social safety net met basic needs including items such as furniture. Today situations are more severe and there are fewer resources for people in need.

The "new poor" that Mary has been trying to help have only one need. They need a job.

There have been many times when Mary has encouraged men in their 40's or 50's to go down to the local welfare office and apply for social assistance. They have used up their UIC benefits, their savings accounts, and RSP's, they are destitute. Still, they ask Mary "why should I go for welfare... all I want is to work."

One fellow did survey work in Fort McMurray. He had that job for eleven years. What can service agencies provide people in this type of situation? "You try to build them up with a little support. You try to keep the family together. You help them up-date their resume and help them adjust to the competition for jobs. You hope that they don't slip further into poverty and despair," says Mary.

Mary describes the "new poor" as people who did all the right things: went to school, worked hard, are responsible citizens and parents.

These people need a job with a benefits package. These jobs are only available in limited numbers and the competition between potential employees is great.

Mary is concerned for all people living in poverty. She expresses concern about the new poor, people who did all the right things and still cannot find work. She asks "if these capable people cannot find work, what is going to happen to the people with a grade six education who may have mental health problems and other barriers? Yes, what is going to happen to them?" ♦

FOOD • for Thought

"I have never been so embarrassed, humbled and grateful in my life. I have long donated to the Food Bank somewhat begrudgingly, as I have often wondered who picked up my donations and whether or not they were deserving.

Upon receiving a food hamper this day I will never again question my donation. I am most appreciative. So much so that I still cannot unpack it all. This is truly the best gift I've ever received. I hope soon to be able to donate again to your cause."

(This was part of a letter to the Food Bank from one of its newest customers, one of the "new poor.")

It's worth remembering...

THE GIBSON BLOCK, the city's only flatiron building, echoes with colourful tales of Edmonton past. And some of these stories are being collected into a souvenir booklet available this fall. The fully restored building will re-open as the new home of the Women's Emergency Accommodation Centre by Christmas. For details on the "house warming celebration" and the souvenir booklet, contact the Edmonton City Centre Church Corporation at 424-7543.



STREET • Guide

CALGARY

ADVOCATES

- Calgary John Howard Society 266-4566
- Calgary Legal Guidance 234-9266
- Elizabeth Fry Society 294-0737

AIDS

- Aids Calgary 288-0155
- Sexually Transmitted Disease Services (STD clinic) 297-6562

DISTRESS LINE

- Canadian Mental Health Suicide Services 297-1744
- Community Resource Team 299-9699
- Distress Centre/ Drug Centre 266-1605
- Kids Help Phone 1-800-668-6868
- Telecare Calgary 266-0700

EMERGENCY SERVICES

- Child Abuse Hot Line call the Operator ('0'), ask for Zenith 1234
- Emergency Social Assistance (also for runaways) 270-5335

FOOD

- Interfaith Food Bank 7475 Flint Road, S.E. 253-2055

• Salvation Army

- Food Bank 269-5951
- Daily meals are served at a variety of locations.
- Call for information 221-8780

HOUSING

- Connection Housing Society of Calgary 232-6777

MEDICAL CARE

- Calgary Urban Projects Society Health Centre 221-8780

SHELTER (Short Term)

- Alpha House (alcohol) 234-7388
- Drop-in Centre 266-3600
- Native Women's Shelter 531-1972
- Salvation Army Booth Centre 262-6188
- Women's Emergency Shelter 232-8717
- Servants Anonymous 237-8477

YOUTH SERVICES

- Alberta Safe House Society 244-4737
- Avenue 15 244-4847
- EXIT Community Outreach 262-9953

EDMONTON

ADVOCATES

- Bissell Centre 10527 - 96 Street 423-2285
- Boyle Street Co-op 9720 - 102 Avenue 424-4106

DISTRESS LINE

- 482-HELP 482-4357

EMERGENCY SERVICES

- Emergency Social Services 427-3390
- Sexual Assault Centre 24-hour crisis line 423-4121
- Women's Emergency Accommodation 423-5302
- Win House 479-0058
- Lurana Centre 424-5875
- Herb Jamieson Centre 10014 - 105A Avenue 429-3470
- A Safe Place 464-7233
- Emergency Relief Services 428-4422

FOOD

- Main Food Bank 425-4190

DETOX CENTRES

- AADAC Recovery Centre 24 hrs. 10302 - 107 Street 427-4291

• George Spady Centre

- 10015 - 105A Avenue 424-8335

HEALTH SERVICES

- Boyle-McCauley Health Centre 10628 - 96 Street 422-7333
- AIDS Network #201 - 11456 Jasper Avenue 488-5816
- Sexually Transmitted Disease Services 10105 - 109 Street 427-2834

LEGAL SERVICES

- Student Legal Services 492-2226
- Legal Aid #300 - 10320 - 102 Ave. 427-7575

SENIORS

- Operation Friendship 9526 - 196 Avenue 429-2626

YOUTH SERVICES

- Crossroads 474-7421
- Boyle Street Co-op Youth Outreach 424-4106
- Youth Emergency Shelter 9310 - 82 Avenue 468-7070
- Inner City Housing Project 424-7866 or 479-1609

SASKATOON

FOOD

- Saskatoon Food Bank 202 Avenue C South 664-6565
- Friendship Inn 619 - 20 Street West 242-5122
- Salvation Army 339 Avenue C South 244-6280

SHELTER

- Salvation Army 339 Avenue C South 244-6280
- Interval House 712 Victoria Avenue 244-0185
- Y.W.C.A. 510 - 25 Street East 244-0944
- Saskatoon Rainbow Centre 683-1925
- New Start Homes 127 Avenue D. North 664-8848

YOUTH

- Saskatoon Downtown Youth Centre 301 - 1st Avenue N 931-6644

ADVOCATES

- Hands-on Street Ministries (Drop In Center) 117A - 20th Street West 653-4182

• Saskatoon John Howard Society

- 171 - 2nd Ave. South 244-8347
- Alcoholics Anonymous 24 hour information 665-6727
- Family Support Centre 315 Avenue M. South 933-7751

EMERGENCY

- Saskatoon Crisis Intervention 1410 - 20 Street West 933-6200
- Child Abuse & Neglect 933-6200

HEALTH SERVICES

- Mental Health Clinic 165 - 3rd Avenue South 933-6500
- AIDS - Saskatoon 414 - 220 3rd Avenue South 242-5005
- STD Clinic (Sexually Transmitted Disease) 310 Idylwyld Drive 655-4642

DETOX CENTRES

- Larson House 130 Avenue O South 244-1385
- Calder Centre 933-5867
- Outpatients Clinic 933-5867

Community Services Referral Line 482-INFO

Linking people who need help to those who can

THE SUPPORT NETWORK



Albertans took off on the information highway this month with the inauguration of Edmonton and (very shortly) Calgary FreeNets. The non-profit computer networks are looking to become a new hub in computer communications.

A FreeNet member gets access to parts of the now famous Internet and an Internet E-Mail address. And, as FreeNet boosters point out, you don't even need a computer. Free access computer terminals are being provided at public libraries and other locations around the cities.

In Edmonton browsing the FreeNet is free. Registering as a member for \$15 a year gets you the E-Mail address and services. In Calgary, plans are for free service including E-Mail. They appreciate \$50 support memberships to build the service.

FreeNets mean free communications to anywhere on the planet. With the Internet connection, a Calgarian can post a note for a friend in Africa, or Australia, and it doesn't cost a thing. Even communications between Calgary and Edmonton could get better. For both Edmonton and Calgary FreeNets, the InterNet connection is a restricted one, best suited to text-based information, including e-mail and newsgroups.

The FreeNets are aiming for a niche where they don't compete with businesses offering fuller InterNet connections. Those get you some of the myriad net-surfing programs with fancy names: Gopher, Telnet, FTP or the graphical Mosaic.

The FreeNets will be a valuable source of local information as well. Libraries and other "information providers" will be making material available on the Nets. Community and government information will be there as well as material on topics from weather to health care, travel, even recreation and entertainment.

FreeNets launch in Alberta

E-mail addresses for everyone

BY A. RIEL & R.J. HILL



Success could prove a spoiler for the FreeNets, however. If the FreeNets are "swamped" with calls and potential users get busy signals, success could turn into frustration. There could be a traffic jam if demand surpasses the equipment the FreeNets have available. Edmonton is beginning with 16 telephone lines and will be going to 40 lines soon. They expect to add many more lines, up to 100 or more if the demand is there. Calgary is starting with 14 lines, and hopes to be adding lines quickly as well. The computers run around-the-clock. They work 24 hours a day, seven days a week, like machines.

Spare Change on the FreeNet

Look for **Spare Change** on the Edmonton FreeNet. There are no immediate plans to publish the street newspaper electronically, but you can find out more about **Spare Change** by looking us up. We'll let you in more on how the newspaper runs and how it is doing, what's coming up next month and in the months ahead, and more.

Writers and contributors will also

be able to reach **Spare Change** electronically over the Net. If you've thought

about writing us a letter, or always wanted to do an article, send it in electronically. The beauty of electronic submissions is that your typos are your own, electronically submitted articles do not have to be re-typed to go in to the newspaper.

Internet, information, integration

Networking, a traditional way of forming community for homeless people, has gone high-tech. "More

than two dozen homeless men in Seattle have become hard-core users of the Internet, after Seattle Central Library began offering free access to the global communications network," reported June's issue of *New Scientist* magazine. Integration through information has hit its stride in the '90s.

A decade ago Seattle was reportedly the most hospitable city in the U.S. for urban migrants. The press was fascinated by its good-hearted, if ambivalent attempts to integrate communities. One winter it opened its city hall rotunda to the homeless, while in adjacent rooms, it considered anti-harassment legislation to jail them for approaching fellow citizens. Nevertheless, the city continued to wrestle with issues and now, ten years later, reports of successful attempts to build community lead to Seattle again.

The *New Scientist* article continued by saying that Seattle's businessmen and librarians alike were calling on homeless Internet users as their in-house experts for Internet information and advice. A vehicle for shared contribution and respect has been found.

Now public access computer networks, the FreeNets are coming here and are already in use in our cities. This could cultivate productive links between resident and transient populations here too and could prove to be an important step in removing barriers to communications.

In 1992 a government task force examined barriers to housing. The Canadian Mental Health Association contributed a study of stigma and reintegration that revealed cracks in programs which perpetuate, rather than bridge, the gaps in our fractured society. They showed that health-care consumers' chief obstacle to traversing those cracks was "stigma". Media-supported stereotypes of the poor as being dangerous, unskilled, unintelligent and uncontrolled prevented poor people from building extended communities with which to knit together resources. Poor circumstances were not found to be the root of continued isolation: rather continued isolation was at the root of those circumstances.

Public access computer networks may well transcend this effect. The authors of each exchange are invisible. Communicators won't be estranged by appearances. Arguably, the contact created between poor and main-stream communities virtually changes reality - one conversation at a time. ♦

COMMUNITY • Events

ALBERTA

Nov 3-6	Red Deer	Skate Canada	340-2540
Nov 3-6	Medicine Hat	Showcase '94	527-5214
Nov 4-6	Banff	Festival of Mountain Films	762-6157
Nov 4-7	Calgary	Calgary Ski Show	762-6157
Nov 4-13	Edmonton	Farmfair	471-7210
Nov 5	Whitecourt	Arts & Crafts Show & Sale	778-4398
Nov 5	Edmonton	Weavers' Guild Sale	436-3506
Nov 9-12	Red Deer	Agri Trade	
Nov 9-13	Edmonton	Canadian Finals Rodeo	471-7210
Nov 11-12	Banff	Winterstart	762-8421
Nov 11-12	Rosebud	Christmas in Rosebud	677-2350
Nov 17	Hardisty	Art Show	888-2411
Nov 19	Whitecourt	Santa Claus Parade	778-5363
Nov 19-20	St. Albert	Country Craft Fair	458-1918
Nov 25	Edmonton	Old Strathcona Xmas Parade	433-5866
Nov 25	Edson	Santa Claus Parade	723-4918
Nov 25-26	Lethbridge	2nd Annual Xmas Craft Sale	328-4491

SASKATCHEWAN

Nov 4-5	Melfor	Handmade Heritage Show	752-3811
Nov 4-5	Regina	Creatisphere (Fall) Craft Sale	584-8487
Nov 5	Broadview	Articraft Sale	696-2634
Nov 5	Quill Lake	Quill Lake Goose Fest	383-2512
Nov 6	Humboldt	Kinette Craft Sale	682-5705
Nov 8-10	Saskatoon	Once Upon a Christmas	931-1910

Nov 9-12	Yorkton	Yorkton Harvest Showdown & Rodeo	783-4800
Nov 10	Shell Lake	Novemberfest Supper & Dance	427-2072
Nov 11-13	Saskatoon	Saskatoon Hobby Show	373-4481
Nov 12	Pr. Albert	Evergreen Craft Sale	953-4811
Nov 13-14	N. Battleford	Craftie Classics	445-2024
Nov 17-19	N. Battleford	Snowflake Handcraft Sale	445-8562
Nov 17-20	Regina	Sask. Film & Video Showcase	525-9899
Nov 17-20	Saskatoon	Fall Fair & Mexabition	931-7149
Nov 18-20	Saskatoon	Artisan's Craft Market	665-0001
Nov 19	Allan	District Craft & Hobby Show	257-3511
Nov 19	Estevan	Estevan Quota Craft Carnival	634-3202
Nov 19	Eston	Marketplace Show and Sale	962-4536
Nov 19	Frontier	Craft Fair	296-2147
Nov 19	Kinistino	Kinette Kraft Kaper	864-3278
Nov 20	Humboldt	Humboldt Long Shadows	682-4266
Nov 23-24	Creelman	Creelman Dinner Theatre	433-2043
Nov 25-27	Regina	Wintergreen Craft Market	653-3616
Nov 26	Herbert	Craft & Trade Fair	784-2401
Nov 26-27	Regina	Canadian Winter Agribition	565-0565
Nov 28	Pr. Albert	Kyla Art Show and Sale	764-9569
Nov 28-29	Regina	Agribition Rodeo	565-0565

The Distress Line

24 - hours - a - day

482-HELP

We'll listen ...
We'll help



THE
SUPPORT
NETWORK

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Sun 12:00 pm - 5:00 pm
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We invite all our customers to tour our state-of-the-art Factory and then try out our finished Spas.

Please don't forget to bring your bathing suits.

9
SPARE
CHANGE
NOVEMBER
1994

SIGNS • for the Times

BY ELYSE FREEMANSON

Aquarius



JANUARY 21
FEBRUARY 19

Fellow Aquarians, this month is looking tremendously interesting and hopeful in the area of career possibilities. It is an excellent time to mix and mingle with the "top-dogs" in hopes of getting that long-awaited promotion, or just impressing your superiors with all that get-up-and-go great attitude, hard work and ambition. So have fun out there social networking like crazy, and your rewards should be humungous.

Leo



JULY 24
AUGUST 23

A lot of you Lions out there are in a pattern of possible over-indulgence in several areas of your life – you know who you are! You will be feeling confidence galore, sexy and magnetic. Financially, though, be very cautious when it comes to any kind of speculation; conservatism is the keyword here. On another note, try very hard this month to learn more about your value systems when it comes to family and parents. Some of you younger Leos have much to learn about rebellion and authority figures yet. Learn to respect your elders, you'll be one yourself, one day.

Pisces



FEBRUARY 20
MARCH 20

Yes, dear Pisceans, this month (especially for those of you born during the first ten days of your sun-sign), the same old health issues are still relevant. Just try not to fret, worry and wear those poor little nerve-endings of yours to a frazzle. Everything will work out as it should. On another level, relatives and travel are definitely on the agenda for you this month. In the area of love and romance many of you have permanence and security on your minds this month also. Ah, that wonderful autumn nesting urge! Enjoy cocooning.

Virgo



AUGUST 24
SEPTEMBER 23

I do hope all Virgos out there are still practising or have already started considering some sort of health regime that will, in time, do so much to educate you permanently on the effects of long-lasting efforts to keep your system in tip-top shape. On another note, strive to work out any relationship issues using the best communications skills you have. Try not to be biased, and learn to speak clearly and concisely in your most important relationships. You will be understood.

Aries



MARCH 21
APRIL 20

Aries, one of the main focuses this month is in the financial realm. This could range from financial involvement in marital situations to any other forms of joint or partnership issues. Success can be yours if you take care in trying to be more efficient and finding ways to be more economical in all your financial affairs this month. There will definitely be improvements in all these areas if you remain diligent and realistic about your own particular financial picture. Special message – learn to share more.

Libra



SEPTEMBER 24
OCTOBER 23

A lot of you lucky Librans have the word "prosperity" written in the stars this month. Just turn on the natural charm, and you may very well be able to up your income, get a raise, and/or wheel and deal most profitably! However, some of you will have to learn some new skills in order to achieve; some of you may have to accept increased responsibilities on the job front. Be prepared for some extra networking to get what you want; and continue to watch the budget carefully.

Taurus



APRIL 21
MAY 21

This month all of the closest relationships in your life are being accentuated right now, Taurus; anything ranging from a proposal, a special commitment, or a business partnership. If it's a business partnership, it could be a lucrative beginning leading to a long-lasting union. If it's romantic in nature, could it be marriage? As usual, and continuing for a while yet, the temptations to overindulge in just about everything continue to exert strong pressure on you. Be wise, exercise and continue trying to practice a little self-control, OK?

Scorpio



OCTOBER 24
NOVEMBER 22

Many happy returns on your birthdays this month Scorpios! For most of you, this is truly a powerful, magnetic month. You should have tons of charisma, and social and romantic popularity that will keep you happily busy. With the emphasis on your leadership and drive you will have great success in all your personal contacts and interests. Special note: continue working on self-improvement; you will succeed. Good luck!

Gemini



MAY 22
JUNE 21

Well, Gemini, I truly hope that last month brought a lot of you all the romantic bliss anyone could hope for. This month, lover matters are sort of in a holding pattern until the latter part of the month. Part of the reason for this is more to do with your being more involved with work and career developments that, in the long run, could be very promising. Keep at it! Still in a holding pattern as well are the same old issues from past columns – health! Watch your diet, nurse your nerves, nap whenever you can. Relax.

Sagittarius



NOVEMBER 23
DECEMBER 21

Travel could definitely be part of your agenda this month (that should make a lot of your happy since so many of your sign live for being on the go one way or another). There's still an emphasis for many of you to do with home, property, and family matters that need taking care of. For many of you other Sagittarians, there is still an emphasis also on alleviating nervous tension in your lives, and making sure you try and stick to a long-term health program. Best wishes!

Cancer



JUNE 22
JULY 23

Dear Cancerians, hope you all had a good howl of one kind or another last month. This month, special focuses for you are: romantic scenarios, all kinds of creative endeavours, hobbies, and educational pursuits. There could also be a special emphasis on children in your life one way or another. Maybe learn to tune in on any special talents you may have in this area; possibly related to a new career idea for you? You are the natural nurturers of the zodiac; ponder the possibilities of your future.

Capricorn



DECEMBER 22
JANUARY 20

I hope you Capricorns are still attempting to stick to a healthy food and nutrition program and other health-related issues. As I've mentioned before, all this health stuff will also help you maintain the stamina to handle all of the romantic and social plans this month. Friendships of all kinds (old and new) are the main focus right now. There is also still an emphasis on joint financial ventures and investment possibilities. Just be careful – don't forget to read the fine print at the bottom.

To place your FREE Ad, call your local Spare Change office or FAX 30 words or less to:

Agency Needs in Your Community

SASKATOON

SPARE CHANGE

Saskatoon is looking for writers who are willing to help in the development of material. Call Phil Biggs at (306) 664-8848.

NEW START MINISTRIES

127 Avenue D North is looking for donations of food, clothing, furniture, housewares or what have you. Please drop off donations between 10 am to 5 pm, Monday to Friday, or all day Saturday, call (306) 664-8848 to arrange for pick up if needed. Thank you.

CALGARY

CALGARY URBAN PROJECT SOCIETY

Volunteer! It takes a special kind of volunteer to work with Calgary's street population at CUPS. We have opportunities available for front line service delivery, nurses and short term fundraising events – call: (403) 221-8789

EDMONTON

BISSELL CHILD CARE

Needs wrapping paper, glue, large diapers, childrens snow suits, winter coats, boots, mitts, boys underwear & socks, facecloths, and plastic baby bottles. Call Linda at (403) 429-4126.

BISSELL CENTRE DROP IN

Needs guitars, pingpong balls, paddles, & nets. Also towels, facecloths, razors, deodorant, toothpaste, toothbrushes, decks of cards & crib boards. If you can help, please call Evan at (403) 423-2285.

CNIB

Quality "experienced" goods, including furniture and small home appliances, selling in White Elephant Sale. Proceeds to United Way! CNIB Auditorium, East Door, 12010 - Jasper Avenue, Saturday, November 29 from 9 am to 3 pm.

DISASTER PREPAREDNESS INFORMATION PACKAGE

Available upon request. Topics include: How to purify water, store food, selective uptake, how to monitor radiation & how to stay healthy. Call (403) 988-3153.

DO YOU DESIRE TO WORK IN AN EXCITING, NON-PROFIT INNER CITY DAY CARE?

Do you have you Level III E.C.D.? Then we need you! To fill a permanent part-time position in our Preschool room, Tues. & Thurs. 9-4. Send or drop off a resume at 10527 - 96 Street, Edmonton, AB T5H 2H6 Attention: Director of Child Care.

HAVE YOU EXPERIENCED HUNGER?

Get involved . . . Join other active people at a conference to develop local action strategies aimed at making all Albertans more "food-secure", November 18-19. Subsidies available. Call Laurie Dawson at 428-6981 or fax (403) 428-1581.

HOPE MISSION

invites you to their Grand Opening of the Women's & Children's Family Shelter on Saturday, November 5, 1994 at 2:00pm. Located at 9908 - 106 Avenue, Edmonton Alberta; refreshments will be served.

JOHN HOWARD SOCIETY

Victims' Assistance Program, court support, information, and accompaniment to victims and witnesses of crime, call 422-0721.

PLANNED PARENTHOOD ASSOCIATION OF EDMONTON

Offers counselling and education in the area of pregnancy, birth control and sexuality. Please call (403) 423-3737 for an appointment.

VOLUNTEERS NEEDED

To tutor adults 1 to 1 in basic literacy skills. Next workshop scheduled November 25, 26, & 27. For more information call PALS at (403) 424-5514 or fax (403) 425-5176.

YWCA SERVICES

Bereavement Services, Residence, Family Relief Services, Support & Awareness for Battered Women, Leisure Options – Supporting People With Disabilities, Drop-in Child Care, Fitness, & YoWoChAs Outdoor Education Centre. For more information call (403) 423-9922.

AFTER A LONG ILLNESS,

Ed Williams past away on August 29, 1994. Williams was know to many in the inner city communities of Western Canada, and will be missed by all.

For ads longer than 30 words,
or multiple insertions,
extra charges apply.

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TURMOILS

On being a fragile manic-depressive psychotic; by Mary Anne Hill (contributing writer to **Spare Change**) Available at: Audreys, Classic Books, Greenwood's, W.H. Smith & U of A Bookstore.

SASKATOON

NEW START MINISTRIES

127 Ave. D North is looking for donations of food, clothing, furniture, housewares. Please drop off donations between 10 am to 5 pm, Monday to Friday or all day Saturday, call 664-8848 to arrange pick up if needed.

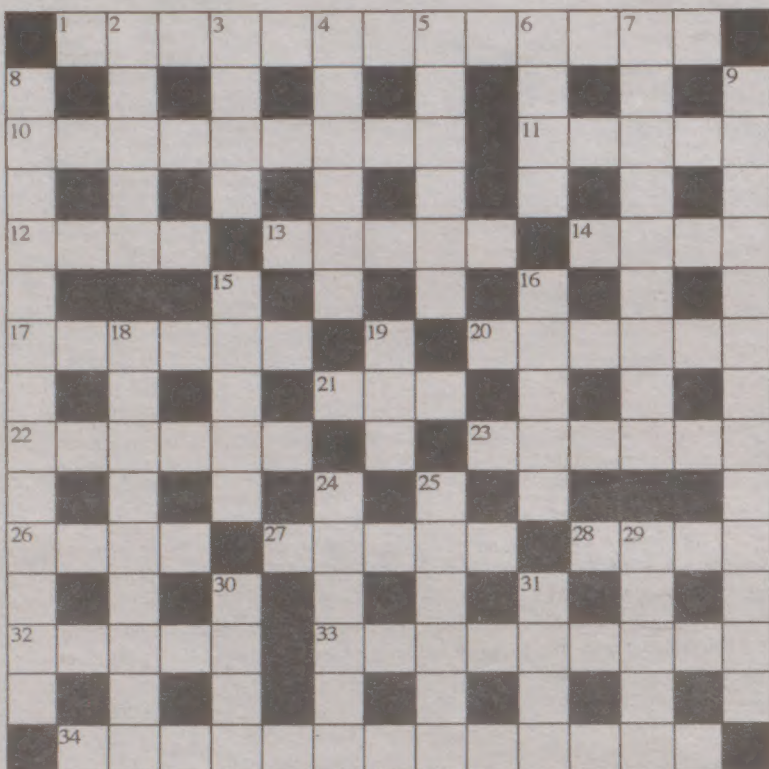
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CROSSWORD • Puzzle 10

ACROSS

- 1 Falls apart, naturally (13)
- 10 Threatens (9)
- 11 One candlepower (5)
- 12 Elegance (4)
- 13 Beauty's love (5)
- 14 Woodwind (4)
- 17 Blood, Seville, navel (6)
- 20 Deep blue pigment (6)
- 21 Marsh (3)
- 22 Forested (6)
- 23 Rustic denial (4, 2)
- 26 Times (4)
- 27 Whole (5)
- 28 Swedish 70's band (4)
- 32 Flanks (5)
- 33 Drunken revelry (9)
- 34 Sadly (13)

BY SUSAN ANDREWS



DOWN

- 2 Reference guide (5)
- 3 Flintstones' dog (4)
- 4 Water birds (6)
- 5 To help (6)
- 6 Ready, willing and _____ (4)
- 7 Soot, archaic term (4,5)
- 8 Food service for homebound (5, 2, 6)
- 9 Unspeakable! (13)
- 15 Encouraged by food? (5)
- 16 On the feet or floor of the sea (5)
- 18 Deep love (9)
- 19 Not him (3)
- 24 Chunk (6)
- 25 Waiter (6)
- 29 Trite (5)
- 30 Norwegian city (4)
- 31 What musicians want (1,3)

► Puzzle 10 answers will be published in the December issue of **Spare Change**.

Answers to October Crossword #9

D	O	L	L	A	R	R	C	A	B	B	I	E
I	A	R	D	E	N	R	A	L	L			
S	T	U	P	I	D	J	S	A	D	D	L	E
N	N	S	E	H	B	G	C					
E	T	C	H	E	D	C	L	O	E	S	T	
Y	H	O	B	T	U	S	E	R	S			
O	Y	W	E	I	A							
O	V	E	R	A	N	D	D	O	N	E	W	I
A	E	H	B	A	E							
T	H	T	R	O	I	K	A					
A	L	A	M	O	S	D	A	M	P	E	N	
S	R	R	G	P								
S	O	R	D	I	A	G	U	Y	A	N	A	
E	O	N	A	L	L	S	L	T				
L	A	P	D	O	G	S	W	E	L	L	I	E

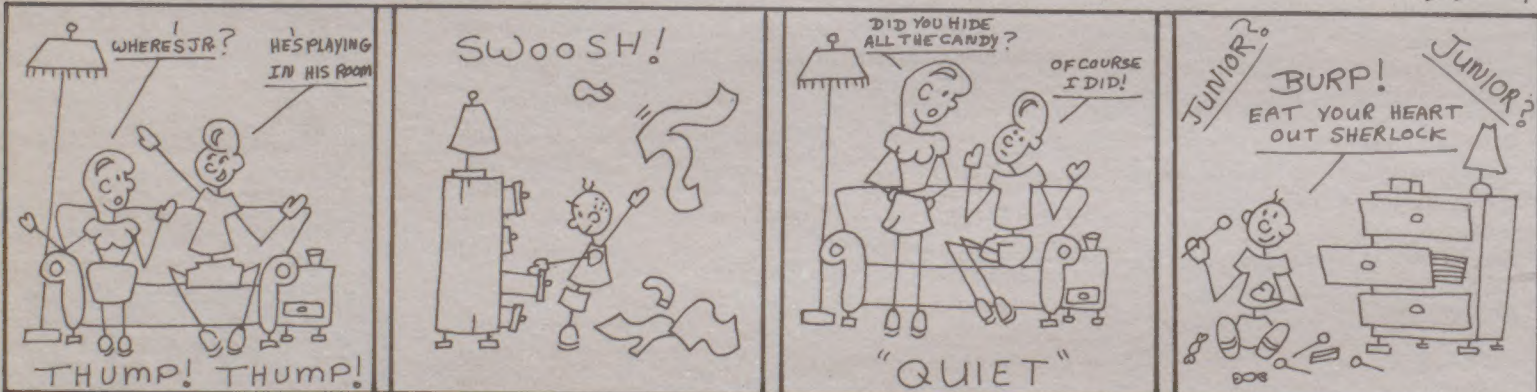
OVERKILL



SOUPLINE BOB



A NATURAL ACT



Vender-bender



WELFARE WEDNESDAY



This Cartoon is completely POLITICALLY CORRECT

Postcards from Calgary



Photos
Milan
Papez

12

SPARE
CHANGE
NOVEMBER
1994

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1 What is your favourite part of the newspaper?

Are you...

2 ☐ male
☐ female

3 ☐ 0-25 years
☐ 25-50 years
☐ 50+ years

4 ☐ a grade 12 graduate
☐ a college graduate
☐ a university graduate
☐ other

5 ☐ living cheque to cheque
☐ enough income to save a bit
☐ income is not a concern

You would rather...

6 ☐ go shopping for clothes
☐ go work out
☐ stay home and watch a movie

7 ☐ get involved in a church group
☐ go fishing
☐ volunteer for your local community

8 ☐ consider the environmental impact of products
☐ buy products on sale

9 ☐ do something to help the less fortunate
☐ let government help them

10 ☐ read a newspaper or magazine
☐ read a book
☐ watch news on TV

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